

BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY)
HOMOEOPATHIC MEDICAL COLLEGE & HOSPITAL,
Pune-Bangalore Highway, Pune- 411043

Research Cognisance – 2022
National Level online Homoeopathic Conference

The Post-Graduate Department of Bharati Vidyapeeth (Deemed to be University) Homoeopathic Medical College, Pune organised the two day “**Research Cognisance 2022, National Level online Homoeopathic Conference**”

This Two day Research Conclave was organised with the sole purpose of providing a center stage to the students, practitioners and academicians to learn and present the research conducted by them and also to gain knowledge relating to application of research and statistics in the field of homoeopathy through the various lectures conducted.

Over the years almost all our P.G. scholars have attended various conferences curiously on the subject of improving the Homoeopathic, Unani, Siddha & Yoga fraternity in terms of Research. They have published papers in UGC recognized journals and also participated in conferences with Paper presentations. This year the interdisciplinary conference was organised on the **6th & 7th May 2022** in the form of a webinar through Microsoft Teams app. We had organised this research Cognisance to boost the Post Graduate & the Ph.D. scholars, academicians and practitioners to prove themselves and improve the standards of research in the field of Homoeopathy, Unani, Siddha & Yoga.

- **The chief guest for the Cognisance 2022 was:**

Hon’ble Dr. Tarkeshwar Jain: Secretary In charge, President, Homoeopathy Education Board, National Commission for Homoeopathy, New Delhi

- **The guests of honour for the Cognisance 2022 were:**

Hon’ble Dr. D. G. Bagal: Dean - Faculty Homoeopathy, MUHS, Nashik.

Hon’ble Dr. Zubair Shaikh: Ex-VP CCIM, Ministry of AYUSH

- **The Cognisance 2022 was also graced by;**

Hon’ble Vice Chancellor, Dr. Manikrao Madhavrao Salunkhe, Bharati (Deemed to be) University, Pune

Hon’ble Shri. G. Jayakumar: Registrar, Bharati Vidyapeeth (Deemed to be University), Pune

- **The lecturers for the Research Cognisance 2022 were:**

1. **Dr. Jatin Valiya:** D.H.M.S., BSc. Prof. & HOD Dept. of Surgery. Virar Homoeopathic Medical College, (MUHS), Navi Mumbai
2. **Dr. Ajit Mapari:** B.H.M.S. Masters in Sports & Exercise Medicine, University of Exeter, UK, Founder, “Fit2Sport”
3. **Dr. Ghazala Mulla:** B.U.M.S., H.O.D. Dept. of Physiology, ZVM Unani Medical College, Pune.

4. **Dr. Alok Deodhar:** B.H.M.S., MSc. CBT, University of Derby Samanvay Mind Clinic at Cognitive Behavioural Therapist
5. **Dr. Atharva Dole:** B.H.M.S., Bharati Vidyapeeth (Deemed to be University). Masters in Exercise Physiology, University Of Sydney, Australia.
Founder, “Vyaiam – Exercise physiology Clinic”
6. **Dr. Shridhar Chiplunkar:** B.A.M.S., MD DPT, B.M.Tech, FSS (Sports Medicine)
Consultant in Body Posture and Ergonomics Consultant in BSPTS Schroth Scoliosis.

DAY 1: The Research Cognisance 2022 began with a lamp lighting ceremony by Dr. Avinash Mhetre, Principal, Bharati Vidyapeeth Homoeopathic Medical College and Hospital, Pune in the virtual presence of all the dignitaries. This was followed by a welcome speech by Dr. Avinash Mhetre, Principal, Bharati Vidyapeeth Homoeopathic Medical College and Hospital, Pune. It was vibrant and enthusiastic and helped in setting up the tone for the conclave.

This was followed by the introduction of Research Cognisance 2022 by Dr. Anita S. Patil, Dean, FoH and PG-Coordinator, Bharati Vidyapeeth Homoeopathic Medical College and Hospital, Pune Address in which she guided the student. Emphasis was also given to the collaborative and inter-disciplinary activities of research. All the dignitaries were then introduced and felicitated.

Following that, the guests addressed the students. **Hon’ble Shri. G. Jayakumar**, Registrar, Bharati Vidyapeeth (Deemed to be University), Pune shared his views of such a high quality conclave and expressed his views on the need of interdisciplinary collaborative works. He also shared his views on the theme of Sports medicine.

Hon’ble Vice Chancellor, Dr. Manikrao Madhavrao Salunkhe, Bharati (Deemed to be) University, Pune emphasized on the importance of interdisciplinary research in the AYUSH system of medicines.

Hon’ble Dr. D. G.Bagal, Dean – Faculty Homoeopathy, MUHS, Nashik emphasized on the necessity of research based advancement in homoeopathy by the students and talked about the scope of research for homoeopathic researchers in the present state.

Hon’ble Dr. Zubair Shaikh: Ex-VP CCIM, Ministry of AYUSH, shared his thoughts on the work done in Unani system of medicine and how the interdisciplinary research and work will benefit the AYUSH system.

Hon’ble Dr. Tarkeshwar Jain: Secretary In charge, President, Homoeopathy Education Board, National Commission for Homoeopathy, New Delhi, the Chief Guest of the event shared his views on collaborative work and the importance of sharing knowledge with one another and also shared his views on participating in the far reach of the conclave from next time onwards.

This was followed by a vote of thanks from **Dr. Swati Shinde**.

Post inauguration, the session started with lectures on HOMOEOPATHY IN SPORTS by DR. **Dr. Jatin Valiya** which detailed the application of homoeopathy in sports medicine.

This was followed by a lecture by DR. AJIT MAPARI on INJURY MANAGEMENT ON AND OFF-FIELD AND HOMOEOPATHY which emphasised on the treatment, physiotherapy and management of sports injuries along with homoeopathy.

Post lunch, the session opened with the Paper Presentation competition where participants from all over India as well as scholars of Bharati Vidyapeeth (Deemed to be University) Homoeopathic Medical College had participated.

DAY 2:

The session started with a lecture by **Dr. Gazala Mulla** on ROLE OF UNANI IN SPORTS MEDICINE which shed a light on the application of Unani medicine, cupping therapy in sports injuries and rehabilitation.

After this lecture, we observed a session by **Dr. Alok Deodhar** about HOMOEOPATHY AND SPORTS PSYCHOLOGY which touched on the subject of importance of psychology in sports medicine, especially athletes and also Homoeopathic approach.

The next lecture was by the Alumni student of Bharati Vidyapeeth Deemed to be University Homoeopathic Medical College, **Dr. Atharva Dole** on EXERCISE, YOGA AND HOMOEOPATHY IN SPORTS. Where he explained the benefits of exercising for not only athletes but also for many clinical conditions along with homoeopathic management.

After this **Dr. Shridhar Chiplunkar** talked on the ROLE OF AYURVEDA IN SPORTS MEDICINE. The emphasis was on the Ayurvedic treatments and management for sports injuries and recovery.

After a short break, the Paper Presentation competition commenced where participants presented their evidence based research work.

After a paper presentation, we commenced towards the valedictory function of the 2 day Research Cognisance with a speech by **Dr. Avinash Mhetre**, Principal, Bharati Vidyapeeth Homoeopathic Medical College and Hospital, Pune which was followed by Judge's addressal to the participants which was done by **Dr. Aniket Mali** and **Dr. Ruchika Ghanekar**.

The Addressable to the participants and announcement of winners of Research Paper presentation competition was done by the Chief Guest, Hon'ble **Dr. Rashid Quazi**, Principal & Superintendent, Dr. MIJTUM College, Mumbai.

The brief report of the Cognisance was given by **Dr. Anita S. Patil**, Dean, FoH and PG-Coordinator, Bharati Vidyapeeth Homoeopathic Medical College and Hospital, Pune.

This was succeeded by a Vote of thanks by **Dr. Varsha Ghate**.

The conclave was attended by over 500 attendees from various colleges and institutions all over India from 13 states like Andhra Pradesh, Bihar, Delhi, Gujarat, Haryana, Karnataka, Kerala, Madhya Pradesh, Rajasthan, Telangana, Uttar Pradesh, West Bengal and Maharashtra and 28 enthusiastic participants for the paper presentation competition. The participants were from AYUSH disciplines, students, practitioners and faculty members.

Prize distribution –

Sr. No.	NAME	COLLEGE NAME	POSITION
1	Dr.Kanika Agarwal	Arogya Homoeopathic Medical College	1 ST
2	Dr. Vishnu Priya	Sarada Krishna Homoeopathic Medical College	2 ND

3	Dr. Santosh Ranade	SJPES Homoeopathic Medical College, Kolhapur.	3 RD
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CONSOLATION PRIZE:

Sr. No.	Name	College Name	Position
1	Dr. Mohini Shinde	Bharati Vidyapeeth (Deemed To Be University) Homoeopathic Medical College, Hospital And Research Centre, Pune 43	Consolation Prize
2	Dr. Mohammed Yasir	Aligarh Muslim University, Aligarh.	Consolation Prize
3	Dr. Arati Kognole	Dr. J. J. Magdum Homoeopathic Medical College	Consolation Prize

Photo Gallary:



Dignitaries of Research Cognisance



Guests, Principal and Dean at Research Cognisance