

**BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY) PUNE, INDIA
HOMOEOPATHIC MEDICAL COLLEGE,
KATRAJ-DHANAKWADI, PUNE - 43.**

REPORT OF SPECIAL WINTER CAMP 2019-2020

Our college's NSS special winter camp took place at Kuran Khurd, Taluka Velha, and Dist. Pune from 28th Dec. 2019 to 03rd Dec. 2020

50 students of 100 registered students [22 Boys & 28 Girls] participated in the activity under the guidance of Program Officer Dr. Sushama Manhas.

INAUGURATION CEREMONY

The camp was inaugurated at the auspicious hands of Hon'ble Dr. Vinod Shah (Chairman of Janaseva Foundation) and Hon'ble Principal Dr. A. B. Jadhav chaired the function. Hon'ble Sarpanch Mr. Ravindra H. Kamble was the chief guest for the function.

Principal Dr. A. B. Jadhav addressed the volunteers and motivated them to follow the motto of NSS slogan that is "NOT ME BUT YOU" and helped and inspired the community to be integrated and explained the importance of cleanliness in their community. He appealed the volunteers to pay careful watch on the rural lifestyle and identify the risk factors of the ill-health in the vicinity.

Hon'ble Dr. Vinod Shah added in his speech that this camp is going to teach the students the art and skill of working in the rural environment in regards with the program organized under it.



We had done following activities in the camp:

1. Awareness programme on health and hygiene :

On Saturday 28st Dec 2019 Awareness program through lectures and demonstrations done specially for women was held at Kuran Khurd with the help of Dr. S.S. Manhas and Mr. Amit Tamboli.

Beneficiaries: 43

2. Survey for Health, Education, Cleanliness, Hygiene and Government Schemes :

Door to door survey for Health, Education, Cleanliness, Hygiene and Government Schemes on Saturday 28th December and Sunday 29th December 2019



3. Primary School Health Checkup :

In the adopted village Kuran Khurd volunteers conducted school health checkup program for primary school at Kuran Khurd on Monday 30th Dec. 2019. The “Village Sarpanch” and “Aanganwadi Workers” helped us for smooth conduction of this program under guidance of Dr. Manhas with the help of interns Rushikesh Chavan, Rajvardhan Shinde, Sanket Sawant, Shubham Jagtap, Swapnil Jagtap, Mr. A.N. Tamboli (Physical Director) Our students with the help of teachers Dr. M. T. Thopte and Dr. S.U. Ghadge checked all of them and medicines were given wherever necessary free of cost.

Beneficiaries -76 Girls – 42 & Boys - 34



4. Street Play on Gram Swatchata Abhiyan :

On Tuesday 31st Dec. 2019 Gram Swacchata Abhiyan was done by the volunteers at Kuran Khurdgaon.



5. General Health Camp :

On Tuesday 31st Dec. 2019 General Health Camp was organized at Kuran Khurd and Panshet for general diseases under the guidance of Dr. V. V. Patil, Dr. N. M. Shaikh, Dr. S. E. Kadam & Interns and Dr. Manhas checked the patients and medicines were given free of cost to the needy people.

Beneficiaries: 124



6. High School Health Checkup :

In the adopted village Kuran Khurd volunteers conducted school health checkup program for primary school at Kuran Khurd on Wednesday 01st Jan. 2020. The “Village Deputy Sarpanch” and “Aanganwadi Workers” helped us for smooth conduction of this program under guidance of Dr. Manhas with the help of interns Sanket Sawant, Swapnil Jagtap, Rajvardhan Shinde, and Rushikesh Chavan. Our students with the help of teachers (Doctors) checked all of them and medicines were given wherever necessary free of cost.

Beneficiaries -350 Girls – 156 & Boys -194

7. Menstrual Hygiene :

High school girls were educated about Menstrual Hygiene and free sanitary napkins were distributed to the girls of Std. 8th and 9th conducted on Wednesday 01st Jan. 2020

Beneficiaries: 92



8. Andhashradhha Nirmulan :

A program was arranged for high school students & teachers from the same school to remove the blind faith and convince the scientific approach behind the miracles on Thursday 02nd Jan. 2020 Mrs. Nandini Jadhav, President [A.N.S.] had a very good practical session. **Beneficiaries 232.**



9. Cleanliness drive and Plantation :

The cleanliness drive was organized even at Janaseva Foundation and primary school of Kuran Khurd on Friday 3rd Jan. 2020. The area was properly cleaned and made ready for gardening. **Around 18 plants were planted.**



10. Service to the Old Age Home :

The needy senior citizens of old age home at Ambi Phata were attended by volunteers every day. The security committee attended them checked their B.P. and treatment was given free of cost where needed with the help of Dr. Manhas who also visited them. B.P. monitoring was done almost every day. They appreciated warmth and affection and the treatment offered by the volunteers. **Beneficiaries: 126 Senior citizens.**



11. Exercise and Yoga Meditation in Camp :

Every day early in the morning volunteers used to do the Yoga and Exercises for the fitness of body and mind which resulted in positive thinking and improving the body language of the volunteers in various projects undertaken. This started with morning attendance followed by Prayers and Yoga.



Upgradation of the knowledge always results in the understanding of the problems in a better way and thereby accounts for better solutions of the problems by approaching a positive attitude developed from the education. For the sake of this a series of lectures was arranged for the volunteers and the villagers.

DATE and DAY	SUBJECT	NAME OF LECTURER
28/12/2019, Saturday	Inauguration Ceremony	Mrs. Shilpa Thakar Dr. A.R.Mhetre Dr. A.B.Jadhav
29/12/2019, Sunday	Survey	Dr. S.S.Manhas
30/12/2019, Monday	Primary school health check-up and free treatment	Dr. M.T.Thopate Dr. S.U.Ghadge Dr. S.S.Manhas
31/12/2019, Tuesday	Street Play on Swatchta Abhiyan	Dr. S.S.Manhas Dr. S.S.Phadtare
31/12/2019, Tuesday	General Health Check-Up Camp	Dr. V.V.Patil Dr. N.M.Shaikh Dr. S.E.Kadam
01/01/2020, Wednesday	High school health check-up camp and free treatment Awareness program on Menstrual hygiene	Dr. M.P.Gajendragadkar Dr. N.P.Chavan Dr. Parag Dorlikar Dr. S.S.Manhas
02/01/2020, Thursday	Andhashraddha Nirmulan Gram Swatchata Abhiyan	Mrs. Nandini Jadhav Dr. S.S.Phadtare Dr. S.S.Manhas
03/01/2020, Friday	Conclusion	Dr. A.B.Jadhav Dr. A.R.Mhetre Dr. C.H.Shinde Dr. Tejas Gosavi Dr. S.S. Manhas Mr.Amit Tamboli

CONCLUSION CEREMONY OF THE CAMP:

The camp was concluded on 3rd Jan. 2020 in the presence of Dr. A. B. Jadhav, Dr. C.H. Shinde, Dr. A.R.Mhetre, Dr. Tejas Gosavi, Mr. Amit Tamboli and Program officer Dr. S.S. Manhas.



The volunteers and villagers expressed their views on these 7 days residential camp. They expressed their gratitude towards the volunteer for extending their help in uplifting the health status in the village. Some of the villagers expressed their affection with volunteers by inviting them for the various functions at their homes.

Dr. Sushama Manhas
Programme Officer

Dr. A.B. Jadhav
Principal