

REPORT OF SPECIAL WINTER CAMP 2018-19

Our college's NSS special winter camp took place at Kuran Khurd, Taluka Velha, and Dist. Pune from 20th Dec. 2018 to 26th Dec. 2018

50 students of 100 registered students [20 Boys & 30 Girls] participated in the activity under the guidance of Program Officer Dr. Sushama Manhas.

INAUGURATION CEREMONY

The camp was inaugurated at the auspicious hands of Hon'ble Dr. Vinod Shah (Chairman of Janaseva Foundation) and Hon'ble Principal Dr. A. B. Jadhav chaired the function. Hon'ble Sarpanch Mr. Ravindra H. Kamble was the chief guest for the function.

Principal Dr. A. B. Jadhav addressed the volunteers and motivated them to follow the motto of NSS slogan that is "NOT ME BUT YOU" and helped and inspired the community to be integrated and explained the importance of cleanliness in their community. He appealed the volunteers to pay careful watch on the rural lifestyle and identify the risk factors of the ill-health in the vicinity.

Hon'ble Dr. Vinod Shah added in his speech that this camp is going to teach the students the art and skill of working in the rural environment in regards with the program organized under it.



We had done following activities in the camp:

1. Awareness programme on health and hygiene :

On Friday 21st Dec 2018 Screening and Treatment camp specially for women was held at Kuran Khurd with the help of Dr. S.S. Manhas and Dr. N.M. Shaikh and Dr. V.V. Patil. Health check-up with free Hb % test was done.

Beneficiaries: 84



2. Primary School Health Checkup :

In the adopted village Kuran Khurd volunteers conducted school health checkup program for primary school at Kuran Khurd on Saturday 22nd Dec. 2018. The “Village Sarpanch” and “Aanganwadi Workers” helped us for smooth conduction of this program under guidance of Dr. Manhas with the help of interns Viren Shetty, Chinmay Jagtap, Rushikesh Chavan and Raturaj Methe. Mr. A.N. Tamboli (Physical Director) Our students with the help of teachers Dr. N.P. Chavan, Dr. S.A. Patil and Dr. L.S. Mali checked all of them and medicines were given wherever necessary free of cost.

Beneficiaries -186 Girls – 98 & Boys - 88



3. Street Play on Gram Swatchata Abhiyan :

On Sunday 23rd Dec. 2018 Gram Swacchata Abhiyan was done by the volunteers at Kuran Khurd gaon.



4. Cleanliness drive and Plantation :

The cleanliness drive was organized even at Janaseva Foundation and primary school of Kuran Khurd on Sunday 23rd Dec. 2018. The area was properly cleaned and made ready for gardening. Around 18 plants were planted.



5. High School Health Checkup :

In the adopted village Kuran Khurd volunteers conducted school health checkup program for primary school at Kuran Khurd on Monday 24th Dec. 2018. The “Village Sarpanch” and “Aanganwadi Workers” helped us for smooth conduction of this program under guidance of Dr. Manhas with the help of interns Devashree Joshi, Rajashree Khanvilkar, Sanket Sawant, Swapnil Jagtap, Rajvardhan Shinde. Our students with the help of teachers (Doctors) checked all of them and medicines were given wherever necessary free of cost.

Beneficiaries -350 Girls – 156 & Boys -194



6. **Andhashradhha Nirmulan :**

A program was arranged for high school students & teachers from the same school to remove the blind faith and convince the scientific approach behind the miracles on Monday 24th Dec. 2018 Mrs. Nandini Jadhav, President [A.N.S.] had a very good practical session. Beneficiaries 232





7. General Health Camp :

On Tuesday 25th Dec. 2018 General Health Camp was organized at Kuran Khurd and Panshet for general diseases under the guidance of Dr. R.E. Shinde & PG scholars and Dr. Manhas checked the patients and medicines were given free of cost to the needy people. Beneficiaries: 137



8. Service to the Old Age Home :

The needy senior citizens of old age home at Ambi Phata were attended by volunteers every day. The security committee attended them checked their B.P. and treatment was given free of cost where needed with the help of Dr. Manhas who also visited them. B.P. monitoring was done almost every day.

They appreciated warmth and affection and the treatment offered by the volunteers.

Beneficiaries: 147 Senior citizens.

9. Exercise and Yoga Meditation in Camp :

Every day early in the morning volunteers used to do the Yoga and Exercises for the fitness of body and mind which resulted in positive thinking and improving the body language of the volunteers in various projects undertaken. This started with morning attendance followed by Prayers and Yoga.



Upgradation of the knowledge always results in the understanding of the problems in a better way and thereby accounts for better solutions of the problems by approaching a positive attitude developed from the education. For the sake of this a series of lectures was arranged for the volunteers and the villagers.

DATE and DAY	SUBJECT	NAME OF LECTURER
20/12/2018, Thursday	Inauguration Ceremony	Mr. Ravindra Kamble Mrs. Shilpa Thakar Dr. A.B.Jadhav
21/12/2018, Friday	Female Disorders: health and hygiene	Dr. V.V.Patil Dr. N.S.Shaikh Dr. S.E.Kadam
22/12/2018, Saturday	Primary school health check-up and free treatment	Dr. R.E.Shinde Dr. N.S.Nadgauda Dr. A.P.Talathi
23/12/2018, Sunday	Street Play on Swatchta Abhiyan	Dr. L.S.Mali Dr. S.R.Jagtap Dr. S.E.Kadam
24/12/2018, Monday	<ul style="list-style-type: none"> •High school health check-up camp and free treatment •Andhashradhha Nirmulan Samiti 	<ul style="list-style-type: none"> •Dr. S.V.Kadam Dr. N.P.Chavan Mr. Amit Tamboli •Mrs. Nandini Jadhav
25/12/2018, Tuesday	<ul style="list-style-type: none"> • Awareness program on health and hygiene •Geriatric Disorder 	Dr. P.P.Rathi Dr. M.T.Thopte Dr. S.S.Phadtare
26/12/2018, Wednesday	Conclusion	Dr. A.B.Jadhav Dr. Vinod Shah Dr. S.S. Manhas

CONCLUSION CEREMONY OF THE CAMP:

The camp was concluded on 26th Dec. 2018 in the presence of Dr. Vinod Shah Chairman Janaseva Foundation Pune, Prof. J.P. Desai, Mr. Nalawade Z.P. Member, Mrs. Seema Raut Sabhapati Panchayat Samiti Velha, Mrs. Jadhav Madem CDO, Deputy Sarpanch Mrs. Shilpa Thakar and Program officer Dr. S.S. Manhas.



The volunteers and villagers expressed their views on these 7 days residential camp. They expressed their gratitude towards the volunteer for extending their help in uplifting the health status in the village. Some of the villagers expressed their affection with volunteers by inviting them for the various functions at their homes.

Dr. Sushama Manhas
Programme Officer

Dr. A.B. Jadhav
Principal