

**BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY)**  
**Homoeopathic Medical College & Homoeopathic Hospital, Pune**

**BEST PRACTICES - 2**

- 1) **Title of the Practice: to establish the centre to prove the efficacy of homoeopathic medicines in treating the Post Covid complication cases.**
- 2) **Objectives:** The objectives of this center is to provide Homoeopathic alternatives for cases of the post Covid complications and prevent the long term after effects of the Novel SARS Corona- 19 virus on the vital organs.
- 3) **The Context:** There was query and demand from patients for Homoeopathic management in Post-COVID Complications in various aspects. So after discussion amongst authorities and faculties about possibility to provide Homoeopathic management for post Covid complication cases the decision of starting Post Covid Homoeopathic Management Centre was confirmed. This will also help to generate the data about efficacy to bring about publication of efficacy of Homoeopathic Medicines in post Covid complication cases management and also to advance the research activity among existing PG scholars and budding Homoeopaths.
- 4) **The Practice:** A core committee was formed of 12 faculty members. Place, working days and hours were finalized. The pamphlets, banners and posters were prepared and displayed & distributed. The case proforma, list of equipment's and other pre-requisites decided. On the inaugural occasion, a seminar on the topic of post-COVID complications and its Homoeopathic management was held by Prof. Dr. A. D. Mahajan and Dr. Snehalkumar Harne. As per schedule the Post- Covid Homoeopathic OPD will remain open at 10:00 a.m. to 1:00 pm for all days in a week with specialized Homoeopathic Consultants for treating Post-Covid Complications in various aspects.
- 5) **Obstacles faced if any and strategies adopted to overcome them:** Limitations faced are only related to follow ups of the patients due to application of restriction on movement of population. To surpass this obstacle we adopted online consultation and PG scholars were involved in a meaningful way to take the follow up of the patients daily and maintain a record of the cases in a day book including new cases and follow ups.
- 6) **Impact of the practice:**
  - a) So far a total of 65 patients are registered in the Post Covid OPD with satisfying results and timely follow-ups.
  - b) After carefully reviewing the result, it shows that Homoeopathic medicine are efficiently proving themselves in treating the post Covid cases & complications.
  - c) Benefits to PG Scholars – They get hand on training for handling and treating Post-COVID Complications in various aspects.
- 7) **Resources required:**
  - a) Finance – OPD case paper charges and minimum medicine charges were taken for dispensing required medicine.

- b) Material - Casualty OPD is utilized for this Post-COVID Complication cases consultation. Separate record of the patients in a day book including new cases and follow ups is maintained. Prescribed medicines were dispense from our Homoeopathic Hospital.
- c) Manpower - Consultation is done by a core committee and PG Scholars. Hospital medicine dispensing staff is preparing medicines and dispensing.

**Acknowledgement:** We are thankful to Dr. Asmita Jagtap, Executive Director (Bharati Vidyapeeth Medical Foundation) for permitting us to establish and conduct this Post-COVID Complication cases Centre. To our Principal Prof. Dr A.B. Jadhav for guiding and establishing this Centre. We are also thankful to core committee & PG scholars and Hospital staff for their co-operation.