

**BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY)**  
**Homoeopathic Medical College & Homoeopathic Hospital, Pune**

**BEST PRACTICES - 1**

**1. Title of the practice: HOMOEOPATHIC INTERVENTION FOR PREVENTION OF CORONA VIRUS LIKE INFECTIONS**

**2. The context:** Under the guidelines of Central Council for Research in Homoeopathy and Ministry of Ayush, Govt. of India, New Delhi; B.V.D.U.H.M.C and Hospital, Post Graduate Research Centre along with department of Community Medicine had conducted Homoeopathic Intervention of distribution of Homoeoprophylaxis (as prescribed by M/O AYUSH New Delhi) for Prevention of Coronavirus like Infections through the Hospital and various Mobile OPD's as preventive measures to the general public.

**3. Objectives of the practice:** 1. Homoeoprophylaxis (as prescribed by M/O AYUSH New Delhi) Intervention for Prevention of Coronavirus like Infections in the outbreak of pandemic for minimizing the spread of Covid - 19 in public. 2. To minimize the severity of symptoms amongst Covid -19 positive.

**4. The Practice:** The Homoeoprophylaxis camps were organized in our Hospital, as well as in Erandwane Campus, at Bharati Bhavan and at rural areas through Mobile Clinics - in Saswad, Dehu Road & Dehu Gaon, Bhor, Yawat, Pirangut & Lavale, Ambi-Panshet, Kirkatwadi rural areas from 16/03/2020 (Monday) to 18/03/2020 (Wednesday). With the follow-up facilities at Homoeopathic Hospital, Katraj, Pune.

**5. Obstacles faced if any and strategies adopted to overcome them:** Obstacle faced as a) Lack of awareness about Homoeopathic prophylaxis in public – To combat this we prepared and distributed Flyers in Marathi and English language (for urban communities) in Katraj and Erandwane campus and above mentioned rurals.

b) High Incidence of Covid-19 cases in Pune, - In need to stress the situation amongst communities an awareness drives (virtually) about maintaining physical distance, use of Mask and sanitizer were conducted. Masks making & distribution through NSS students in society along with training of mask making to public along with education on proper way of using masks, importance of maintaining physical distance and other preventive measures were employed.

c) Preparation of Medicine doses – Dispensing personals were given training of how to prepare and dispense doses of 'Arsenic album' in prescribed potency.

d) Maintenance of Data - To resolve this problem separate Registers were prepared for maintaining the record of individuals receiving Homoeoprophylaxis as per the guidelines given by Ministry of AYUSH.

e) Trace of contact- For this every recipient was informed and report to Hospital in case of development of symptom & signs of corona like infections and history of travelling and previous associated diseases, and its record maintained.

#### **6. Impact of the practice:**

a) Total number of beneficiaries during camp days - At Homoeopathic Hospital 1257, Bharati Bhavan 1276, IMED 764 and Mobile OPD 245 of both sex and of different age group. Overall number of beneficiaries including camp at Homoeopathic Hospital were 4742 (Female 1841, Male 2017, Children 884)

b) Amongst the people who have taken Homoeoprophylaxis, almost 20% of people were not aware of Homoeopathy has Homoeoprophylaxis medicines, few have taken these medicines first time till date. So awareness about efficacy of Homoeopathic medicines and spread of Homoeopathy as alternative treatment therapy is done.

c) Benefits to Interns and PG Scholars – They get hand in training for handling and managing such pandemic disaster.

#### **7. Resources required:**

a) Finance – Minimum charges were taken for dispensing prescribed medicine. Other required finance for like vials, medicine, record books, availability of computers to make soft copies, travelling for Mobile Clinic, Auto charges etc. were granted and provided by Institute.

b) Material – Daily 500 vials, globules, envelopes, 100 ml Arsenic album 30, Registers to person data entry were carried at each site of camp.

c) Manpower – 2 Teaching Faculty, 5 Interns, 2 PG Scholars, 1 Sister, 1 ward boy were allotted for each camp day.

#### **8. Acknowledgement:**

We are thankful to Dr. Asmita Jagtap, Executive Director (Bharati Vidyapeeth Medical Foundation) for permitting us to conduct this Homoeoprophylaxis camp, our Principal Prof. Dr A.B. Jadhav for guiding and organizing this camp. For co-operation of conducting this camp we are also thankful to Principal of IMED, Erandwane campus, Bharati Bhavan, authority persons of each Mobile clinic place and all our Teaching faculty, all Interns & PG scholars and Hospital staff for their co-operation and for making available all the medicine required in such a huge quantity and in short time.