

# **BHARATI VIDYAPEETH UNIVERSITY**

## **HOMOEOPATHIC MEDICAL COLLEGE**

**KATRAJ-DHANAKWADI, PUNE -43.**

# **REPORT OF SPECIAL WINTER CAMP 2016-2017**

Our college's NSS special winter camp took place at Rule, Taluka Velha, and Dist. Pune from 26<sup>TH</sup> Dec 2016 to 1<sup>st</sup> Jan. 2017.

50 students of 100 registered student [19 Boys & 31 Girls] participated in the activity under the guidance of Programme Officer Dr. Sushama Manhas.

### **INAUGURATION CEREMONY**

The camp was inaugurated at the auspicious hands of Hon'ble Dr. Vinod Shah (chairman of Janaseva Foundation) and Hon'ble Principal Dr. A. B. Jadhav chaired the function. Ex Sarpanch Subhash Ranawade was the chief guest for the function

Principal Dr. A. B. Jadhav addressed the volunteers and motivated them to follow the motto of NSS slogan that is "NOT ME BUT YOU" and helped and inspired the community to be integrated and explained the importance of cleanliness in their community. He appealed the volunteers to pay careful watch on the rural lifestyle and identify the risk factors of the ill-health in the vicinity.

Hon'ble Dr. Vinod Shah added in his speech that this camp is going to teach the students the art and skill of working in the rural environment in regards with the programmes organized under it. 31 female, 19 male (volunteers)

We had done following activities in the camp:

#### **1. School health checkup :**

In the adopted village Rule volunteers conducted school health checkup programme for primary school, high school at RULE on Tuesday 27<sup>th</sup> Dec. The "Village Sarpanch" and "Aanganwadi Workers" helped us for smooth conduction of this programme under guidance of Dr. Manhas & Dr.Kadam.

Our students with the help of teachers (Doctors) checked all of them and medicines were given wherever necessary free of cost.

Beneficiaries -166 Girls – 74 & Boys -92, 15 male, 15 female (volunteers)

#### **2 .Andhashradhha Nirmulan:**

A programme was arranged for high school students & teachers from the same school to remove the blind faith and convince the scientific approach behind the miracles on Thursday 29<sup>th</sup> Dec. Mrs. Nandini Jadhav, president [A.N.S.] had a very good practical session . Beneficiaries 170, 10 male, 12 female (volunteers)

## **2. Awareness programme on health and hygiene :**

On Friday 30<sup>th</sup> Dec Screening and Treatment camp especially for women was held at Rule place with the help of Doctors. Gynecology dept. Head: Dr. A. V. Gokhale & Dr. Mali .Beneficiaries: 64.

## **3. General Health Camp :**

On Wednesday 28<sup>th</sup> Dec General Health Camp was organized at Rule, and Panshet for general diseases under the guidance of Dr. Mahajan & PG scholar's and Dr. Manhas checked the patients and medicines were given free of cost to the needy people. Beneficiaries: 84.

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## **4. Gram Swatchata Abhiyan :**

On Monday 26<sup>th</sup> Dec and 29<sup>th</sup> Dec Gram Swatchata Abhiyan was done by the volunteers at Rule gaon. 15 male, 15 female (volunteers)



## **5. Service to the Old Age Home :**

The needy senior citizens of old age home at Ambi Phata were attended by volunteers every day. The security committee attended them checked their B.P. and treatment was given free of cost where needed with the help of Dr. Manhas who also visited them. B.P. monitoring was done almost every day. 19 male, 31 female (volunteers)

They appreciated warmth and affection and the treatment offered by the volunteers. Beneficiaries: 47 Senior citizens.

## 6. Cleanliness drive and Plantation :

The cleanliness drive was organized even at Janaseva Foundation and primary school of Rule on Friday 30<sup>th</sup> Dec and 1<sup>st</sup> Jan 2017. The area was properly cleaned and made ready for gardening. Around 18 plants were planted. 16 male, 24 female (volunteers)



## 7. Exercise and Yoga Meditation in Camp :

Every day early in the morning volunteers used to do the Yoga and Exercises for



the fitness of body and mind which resulted in positive thinking and improving the body language of the volunteers in various projects undertaken. This started with morning attendance followed by Prayers and Yoga.

Up gradation of the knowledge always results in the understanding of the problems in a better way and thereby accounts for better solutions of the problems by approaching a positive attitude developed from the education. For the sake of this a series of lectures was arranged for the volunteers and the villagers.

DATE	SUBJECT	NAME OF LECTURER
26/12/2016	Swatch Bharat Abhiyan	Dr. Manhas
27/12/2016	NSS : Need of an Hour	Dr. Manhas
28/12/2016	Counseling for teenagers	Dr. Patil and Dr. shah
29/12/2016	Andhashradhha Nirmulan	Mrs. Nandini Jadhav
30/12/2016	Female Disorders: health and hygiene	Dr.Gokhale
31/12/2016	Sensitization programme under RRTC	Dr.Avinash Lakare and RRTC team

### **CONCLUSION CEREMONY OF THE CAMP:**

The camp was concluded on 1<sup>st</sup> Jan 2017 in the presence of Principal Dr. A. B. Jadhav and programme officer Dr. Manhas



The volunteers and villagers expressed their views on these 7 days residential camp. They expressed their gratitude towards the volunteer for extending their help in uplifting the health status in the village. Some of the villagers expressed their affection with volunteers by inviting them for the various functions at their homes.

Dr. Sushama Manhas

Dr. A.B. Jadhav